



# VISION & CONCEPTUAL DEVELOPMENT CENTER

PERSONALIZED CARE. COMPASSION. RESULTS.

## Child Symptoms Checklist

Symptom Checklist of Vision Problems that Interfere with Learning in School-Age Children

### PHYSICAL SYMPTOMS

- Red, sore, itchy eyes
- Jerky eye movements or one eye turning in or out
- Squinting, eye rubbing, or excessive blinking
- Blurred or double vision
- Headaches, dizziness, or nausea after reading
- Head tilting, closing with one eye when reading
- Seeing more clearly with one eye, with best glasses correction
- Headaches, nausea, or other discomfort when viewing 3D media
- Inability to appreciate depth in 3D media

### PERFORMANCE SYMPTOMS

- Avoidance of near work
- Frequent loss of place
- Omits, inserts, or rereads letter/words
- Confuses similar looking words
- Failure to recognize the same word in the next sentence
- Poor reading comprehension
- Letter/word reversals after the first grade
- Difficulty copying from the chalkboard
- Poor handwriting, misaligns numbers
- Book held too close to the eyes
- Inconsistent or poor sports performance
- Appears lost in space
- Fearful in grocery store and malls
- Fearless, no regard for personal safety
- Poor eye contact

- Side viewing
- Difficulty with knowing right from left

### SECONDARY SYMPTOMS

- Smart in everything but school
- Low self-esteem, poor self image
- Temper flare ups, aggressiveness
- Frequent crying, short attention span
- Fatigue, frustration, stress
- Irritability
- Day dreaming, laziness, or other discomfort

### CHILD HAS BEEN LABELED

- ADHD
- Slow learner
- Dyslexic
- Behavioral problem
- Juvenile delinquent
- Underachiever
- Autism Spectrum Disorder
- Developmental delay
- Non-Verbal Learning Disorder
- Non-Specific Learning Disorder

*If you find that you or your child have 3 or more symptoms on the checklist chosen, please call our office at **301-951-0320** or fill out our online **Request an Appointment** form to schedule your appointment.*